

Working with Child Sexual Abuse Survivors: Trust and Trauma in Practice

Suggested seminar format for facilitators

Before the session

Send invites to the practitioners for a three and a half hour session. You can use the provided email invite template for this.

It is recommended that you limit numbers to enable all attendees to participate fully in the discussion, and that you familiarise yourself with the video content in advance.

We also recommend following the seminar with a 45-minute follow-up session a week or so later to consolidate the learning (suggestions outlined separately below.)

Facilitating the session

Welcome the attendees and give them an outline of the timing of the session.

Make the group aware that the session content is hard-hitting, and ask that they are supportive of each other and practice self-care throughout the session.

If you're holding the session online, invite attendees to post comments, questions, and observations in the meeting chat.

Play Video 1

We recommend pausing for a 15 minute comfort break at 48 minutes into the recording, and then playing the rest of this video.

Next, facilitate a 40-minute discussion among attendees.

- Ask all attendees to write down or post 3 words into the meeting chat which capture their reaction to the webinar recording
- Invite attendees to verbally share their reflections on their own practice, in light of the videos. How do they feel about the perspectives Susanna Alyce, Jodie Ellison and Dr Angela Kennedy and Dr Zoë Chouliara contributed? What do they think these contributions mean for us and our practice?

You can also draw on any comments or questions shared in the meeting chat.

Then, play **Video 2: Q&A with Susanna Alyce, Jodie Ellison, and Dr Angela Kennedy.**

Let the attendees know that a further session dedicated to discussing the learning will follow, and it would be helpful to identify the key themes that they would all find it helpful to address in that session. Capture any specific questions/issues people would like to devote time to in the follow-up session.

Follow this up with 15 minutes for final thoughts. Encourage attendees to share any resources/reading material ahead of the follow-up session that they think will deepen the learning experience.

Follow-up session

We suggest offering a 45-minute follow-up session for further discussion one week later, with a focus on drawing out reflections to consolidate the continuing professional development value – and to help equip attendees with the basis of a credible CPD log entry.

Ask the attendees to reflect on:

- What they learnt from the first session
- How they intend to apply the learning in practice
- Whether they've already applied it in practice, and if so, what difference it made
- Whether they can identify any further learning that would be beneficial for them.