

Storytelling Through Case Notes - Language, Empathy and Validation

Suggested seminar format for facilitators

Before the session

Send invites to the practitioners for a three-hour session. You can use the provided email invite template for this.

It is recommended that you limit numbers to enable all attendees to participate fully in the discussion, and that you familiarise yourself with the video content in advance.

Facilitating the session

Welcome the attendees and give them an outline of the timing of the session.

Ask that they are supportive of each other throughout the session.

If you're holding the session online, invite attendees to post comments, questions, and observations in the meeting chat.

Play the [video resource](#). We recommend pausing for a ten-minute comfort break at 0:51:12 minutes into the recording.

Next, facilitate a 30-minute discussion among attendees.

- Ask all attendees to write down or post 3 words into the meeting chat which capture their reaction to the webinar recording
- Invite attendees to reflect on the content so far. Are there any particular insights that have really impacted their thinking? What will they do differently, adjust, or reflect on further as a result of Cameron's contribution?

Take another ten-minute comfort break if needed.

Then, [play the rest of the video](#).

Follow this up with 20 minutes for final thoughts.

- Invite attendees to share what they think are the most important take away lessons from the session as a whole
- Let attendees know that they're invited to a 30-minute follow-up session a week or two later.

Follow-up session

We suggest offering a 30-minute follow-up session for further discussion one week later, with a focus on drawing out reflections to consolidate the continuing professional development value – and to help equip attendees with the basis of a credible CPD log entry.

Ask the attendees to reflect on:

- What they learnt from the first session
- Whether they've already applied any of this learning in practice, and if so, what difference it made
- Whether there are any obstacles to applying any of the learning, and how they might begin to address these.